

Training & Professional development

Overview of the training, specialisations and certifications of Merel Ackx: psychologist and gestalt therapist, senior career coach and trainer.

CORE EDUCATION

- Postgraduate in Human Resources Management · HUBrussel (2011)
- Cultural Studies, Contemporary Culture · KU Leuven (2001)
- Academy of Philosophy · KU Leuven (2000)
- Master's degree in Theoretical Psychology · KU Leuven (1999)

LONG-TERM TRAINING IN PSYCHOTHERAPY, COACHING & ORGANISATIONS

- Training in (family) constellations · Vidende (2027)
- The Healing Story · Phoenix Utrecht (2026)
- Voice Dialogue Facilitator, three-year training · Instituut voor Voice Dialogue (2022-2024)
- Gestalt therapist, four-year training · IVC Kortrijk (2016-2020)
- Mindfulness training · ITAM (2009, 2010, 2020)
- Transactional Analysis, three-year training · Cirkels Opleidingsinstituut (2012-2014)
- Foundational Trauma Training · Johannes Schmidt, Aptitude Academy (2011)
- Professional development-oriented coaching · Coaching & Co (2009)
- Solution-focused managing and coaching · Louis Cauffman (2008)

PROFESSIONAL SPECIALISATIONS & CERTIFICATIONS

- Professional qualification as Career Counsellor · VDAB (2026)
- Return-to-Work counsellor: reintegration after long-term incapacity for work · Federgon (2026)

Professional associations NVAGT · VBeGP

Clinical psychologist visa 354871

Belgian Psychologists' Commission 772122090

WORKSHOPS

- Parallel Solo Parenting · Instituut Parallel Solo Ouderschap, Vanessa Maes (2025)
- A systemic view on neurodiversity · Vidende (2025)
- Intrapsychic constellations · Vidende (2024)
- A place for your next step · Phoenix Utrecht (2022)
- Touching the Untouchable · Johannes Schmidt, Aptitude Academy (2011)
- Shame & Intimacy · André Wandel, Aptitude Academy (2011)

- NLP Explorer School voor NLP Leuven (2010)

● TRAIN-THE-TRAINER

- Train the Trainer: Intentional Leadership René Hoebbers / Vita (2015)
- Train the Trainer: Accelerated Learning & Solution Focus Ilfaro (2013)

● CREATIVE DEVELOPMENT (AMONG OTHERS)

- Academie Tervuren, Speech and Drama Graduated with distinction
- Theatre training WIPSER vzw (2000-2003)
- Voice certificate A VRT (2001)